

A GUIDE
TO THIS
FALL'S
PRINTS,
SHAPES
AND
TRENDS
STYLE

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MOVES LIKE MJ JAY-Z THINKS BEYONCÉ'S THE 'SECOND COMING'

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VANCOUVER

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Thursday,
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Lack of riot charges has VPD on defensive

- Police Chief Jim Chu says rushed charges will result in acquittals
- Video evidence is being processed in a top American lab to speed up investigations



MATT
KIELTYKA
@METRONEWS.CA

The surge of public frustration and impatience over the lack of charges stemming from Vancouver's Stanley Cup riot two months ago came to a head yesterday.

Under siege, Vancouver police Chief Jim Chu, whose department has not had any riot-related charges approved, addressed media and stressed that "hundreds" of charges will be laid but only after thorough investigations.

"If you are in favour of speed, you are in favour of more acquittals and lighter sentences," Chu shot back amid intense scrutiny from media, the public and commentators. "If we rush cases to court, we risk losing them by being ineffective and inefficient."

Comparisons are being drawn to the riots in England, where police have laid more than 1,000 charges.

But Chu said given the nature of the violence, demographics, and policing and legal framework, the two riots are simply "incomparable."

"The short answer is that Canada is not Britain," he said. "Our laws are different, our courts are different and our riots are different."

He said that even the 41 people who turned themselves in haven't been charged, because suspects could be admitting to lesser offences to escape stiffer penalties.



► Vancouver police Chief Jim Chu updates media and calls for patience yesterday as investigators prepare cases against suspects allegedly involved in the June 15 Stanley Cup riot.

To date, police have identified and are investigating 259 separate criminal events on the night of June 15.

Nearly 270 suspects have been identified, and police plan to launch a new website soon asking the public to help identify about 150 more.

More than 1,600 hours of riot footage will be sent to the state-of-the-art National Digital Multi-

media Evidence Processing Lab at the University of Indianapolis.

Chu said employing the American lab will cut down the time it takes to process video evidence from up to two years to a matter of months.

Speaking later in the day at a media conference, Premier Christy Clark said she was "frustrated" by the slow process.

"I am still angry at what hap-

pened at the Stanley Cup riots," she said. "I'm frustrated. I have to have confidence in the VPD ... that they're putting really strong evidence together."

Meanwhile, former Vancouver Olympic Organizing Committee head John Furlong and former Nova Scotia deputy minister Doug Keefe are expected to wrap up their independent review of the riot by Aug. 31.

Local

Fans celebrate Rypien

- Makeshift memorial at Rogers Arena draws more than 200 {page 3}

'It's going to fly right by'

Contest
winner begins
80-day stint
at YVR {page 6}



Baby, I'm coming back home

Sailor aboard Canadian warship due to meet newborn son after Libyan mission {page 16}

Chilling out with Jeff Bridges

Actor turns introspective with new album {page 23}



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So many plans, so little time to think about an election

MATT KIELTYKA
@METRONEWS.CA

Premier Christy Clark says her focus in the upcoming fall legislature season will be job creation.

Returning from vacation and speaking to media yesterday, Clark painted a picture of a busy end to 2011 in office — which includes

a trade mission to China and India — rather than time on the campaign trail.

"There's going to be a fall sitting of the legislature, we're going to be focused on jobs in the agenda, we're going to be doing everything we can to try to create and protect jobs. So I'll let you know if any of that planning changes," Clark said when asked about the possibility of a long-rumoured fall election.

Not even the outcome of the HST referendum, expected Aug. 25, seems to factor into the premier's planning.

"Whether or not the HST is successful hasn't affected my thinking of an election."

Clark wouldn't elaborate on the specifics of her job-creation strategy but stressed the need for British Columbia to focus in on Asian markets "like a laser beam."



Clark



Brad McKibbin writes a message to honour former Vancouver Canucks Rick Rypien at a celebration of life outside Rogers Arena yesterday.

Fans inspired by Rypien gather to honour his life

► About 200 supporters come out to show respect for his life and career

► 'Hopefully he's looking from above' and seeing support: Fan Dave Morgan



PHYLICIA TORREVILLAS
@METRONEWS.CA

A sea of Vancouver Canucks colours flooded Rogers Arena plaza yesterday as more than 200 supporters gathered to celebrate the life and career of Rick Rypien.

"I wasn't able to stick up for myself," Alix Wright said as she fought back tears. "Watching Rypien inspired me to do that. When I put on his jersey, I feel tougher."

The 27-year-old was found dead in his Crowsnest Pass, Alta., home on Monday. The on-ice warrior's tenacity made him a fan favourite.

Fans lined up to sign condolence books, while others left flowers and posted letters and photos at a makeshift shrine. A group of friends wrote his jersey No. 37 on their wrists to pay tribute to the former NHLer.

"The five minutes he did play every game were hard-

fought five minutes," said Tyler Stychyshyn, 23, who came all the way from Langley. "He was always going to make some noise and bring excitement to the game. I think that's why everyone loved him."

Dave Morgan, 30, followed the former Canucks centre's career since he started playing for the Manitoba Moose. He said he won't forget the one time he got to see his favourite player.

"When I was at the MTS

Centre in Manitoba in April, I got to go down to the locker-room ... and had to pick something up," Morgan said. "As I turned around, he was there standing in the locker-room, tapping his stick. He's like 'Hello,' and I'm like 'Hello.' And I turned around to go find my (bag) and I was like, 'That was Rick Rypien.'"

Morgan said he was happy to see the outpouring of support from the Canucks Nation during the celebration of life.

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news


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New Delhi go-getter persists to overcome newcomer hurdles

The path to success looked smooth to Avnish Soni and his wife Pinki when they attended a New Delhi seminar about immigrating to Canada. Unfortunately, no one could anticipate the global economic crisis that greeted them in British Columbia in early 2009. Today, through personal persistence – and support from Scotiabank – the couple are progressing towards their goals.

Back at the 2008 seminar sponsored by Scotiabank, the Soni family was excited about moving to Canada. Bank representatives explained financial services to help them get established in their new country, and Avnish, an MBA-trained branch manager at one of India's largest banks, was excited by the prospect of seeking work at the Canadian bank.

"I'm a go-getter and I liked how Scotiabank was proactive in sharing settlement information and pre-arranging banking and credit services," recalls Avnish, referring to the **Scotiabank StartRight®** Program¹ for Newcomers, which includes a free day-to-day bank account for one year², a wide range of VISA³ card options³ and a number of other customized services and benefits. "I decided to make Canada's most international bank the first target in my job search."

On arrival in Surrey, BC, the experienced banker was pleasantly surprised when the Scotiabank Branch Manager emerged from his office to welcome the couple and their two daughters. "I was astonished by the friendly service and how our account and debit cards were waiting for us, as promised in New Delhi," says Avnish, who adds that his unsecured VISA credit card was ready within a week.

While the weak economy challenged the Sonis' immediate career hopes, the Scotiabank Branch Manager accepted Avnish's resumé and offered career tips. Pinki applied her teaching degree as a tutor.

"We stayed positive and kept working at it," notes Avnish, who worked odd jobs while he studied for his mutual funds license, joined professional associations and often visited the Scotiabank branch to keep in touch. His determination paid off when 18 months later, he was hired into the Bank training program.

Recently promoted to Senior Personal Banking Officer at Scotiabank's suburban White Rock Branch, Avnish is eager to dispense tips on personal finance, government services and career-building. "A newcomer has many fears of the unknown,

and my goal is to be their friend who is a banker, showing them how to lower expenses, manage credit and learn how Canada works."

Career-wise, Avnish tells newcomers to stick with their goals, despite the hurdles. "Take a job to put food on the table, but don't lose focus on what you want to do. Work on your language skills, learn about job market expectations and see how you can add value," he says.

Perseverance also helps newcomers reach financial goals. "It's never too early to start a financial plan, and I guide newcomers on ways to start saving for a home or any goal. For my family and me, our journey has just begun, but we've got something to aim for and that's why we came here."

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Scotiabank's Avnish Soni says persistence can help newcomers reach their goals.



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News in brief

Fraudsters pay back ICBC for stolen vehicles

Participants in a scheme that saw phony Alberta registration documents created for stolen vehicles that were re-registered and then sold to B.C. buyers were ordered by the B.C. Supreme Court to repay the Insurance Corporation of B.C. more than \$344,000. ICBC was also awarded \$131,216 in damages against four people and a business who acquired the stolen vehicles. "This court ruling makes it clear that there will be serious consequences for people who commit fraud in our province," said Shirley Bond, B.C.'s minister of Public Safety and solicitor general.

● ARIANA KAKNEVICIUS

Summertime crackdown

Abbotsford police say they're seeing a "disturbing" number of impaired drivers on the roads during counter-attacks throughout the summer. Between July 1 and Aug. 6, officers in Abbotsford issued 63 violation tickets, 21 roadside prohibitions, eight 24-hour driving suspensions and impounded 26 vehicles.

● MATT KIELTYKA

Red-handed

Chilliwack RCMP have two men in custody after watching the suspects break into a home and carry stolen property to a nearby vehicle Tuesday morning. Following the alleged break-in, the suspects attempted to flee the scene and side-swiped an unmarked police car before they were finally apprehended on foot.

● MATT KIELTYKA

Winner of Live@YVR contest takes flight

► In-house storyteller begins his 80-day journey ► He plans to do air-traffic control and fuel planes during gig at the airport



PHYLICIA TORREVILLAS
@METRONEWS.CA

Jaeger Mah watched Tom Hanks' *The Terminal* the night before he started his 80-day journey as YVR's in-house storyteller yesterday.

"I watched it ... just to brush up on my terminal education and kind of get some inspiration," Mah said.

The 29-year-old flew in a Learjet 45 XR provided by the London Air Services and got a bird's-eye view of his new Sea Island home before he made his way to the Vancouver International Airport.

Mah said he'll be spend-

ing little time in his room at the Fairmont Vancouver Airport hotel because he'll be busy hitting the tarmac, wearing the overalls, fuelling the planes and working with the emergency-response teams during his stay at the airport.

"I'm very positive that it's going to fly right by," he said. "I'm not even going to notice 80 days (have gone)."

And just like Tom Hanks' character in the movie, Mah said he hopes he can establish good relationships with the airport staff and the passengers so he can share their amazing stories.

"I want to win people over with the friendship and get to know more of



► Jaeger Mah, who will be spending 80 days at YVR as its in-house storyteller, greets the media after stepping off a Learjet at Vancouver International Airport yesterday.

their personal stories," he said. "In the next 80 days, if I have 40 amazing stories to showcase the people of the

world, I would be happy. Mah will be posting his daily airport adventures on liveatYVR.ca.

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FEATURES Cabo San Lucas (overnight) and Puerto Vallarta. Sails roundtrip Los Angeles. Interior Stateroom.

Southern Caribbean
7-Night Cruise

from USD \$379

FEATURES St Thomas, Barbados, St Lucia, St Kitts and St Maarten. Sails roundtrip San Juan. Interior Stateroom.

Bermuda 7-Night Cruise

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FEATURES King's Wharf, Bermuda (2 overnights). Sails roundtrip New York City. Interior stateroom.

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Local beaches among filthiest

► Kanaka Creek, Tom Hopkins Ravine Park and Brownsville Bar Park rank among the top five garbage beaches in Canada in 2010



TERRIS SCHNEIDER
VANCOUVER@METRONEWS.CA

Three Lower Mainland beaches rank among the most garbage-strewn in the country according to a ranking yesterday of Canada's most- and least-littered shorelines.

Maple Ridge's Kanaka Creek ranked second worst,

More info

► For more information, visit shorelinecleanup.ca

with Delta's Tom Hopkins Ravine Park fourth worst and Surrey's Brownsville Bar Park in fifth.

Kingston, Ont.'s Sydenham Lake was ranked the most littered, with 5,000

kilograms of garbage per kilometre.

"This isn't a reflection of B.C.," said Jill Dwyer, program manager of the Great Canadian Shoreline Cleanup at Vancouver Aquarium.

This year's Great Canadian Shoreline cleanup will be from Sept. 17 to 25. Anyone interested is encouraged to register online.

TERRIS SCHNEIDER/FOR METRO



► Jill Dwyer on the Stanley Park seawall yesterday.

ADVERTISING FEATURE

CDI College's Practical Nursing Program prepares grads for a lifelong career path

APPLICATIONS CURRENTLY BEING ACCEPTED FOR UPCOMING FALL START AT THREE LOWER MAINLAND CAMPUSES.

CDI College still has open spaces for the September start of its Practical Nursing program. This one year program will prepare anyone looking to enter the fast-paced healthcare field.

Nursing continues to be a highly-respected profession in Canada. Licensed practical nurses (LPNs) are one group of nursing professionals who play crucial roles in a broad range of healthcare fields in BC. As such, LPNs need to have the fundamental knowledge and practical training to succeed on the job. Those interested in pursuing a position in the province's growing healthcare sector will find that the 51-week Practical Nursing diploma program at CDI College is the perfect way to jump start a nursing career.

Nursing has traditionally been a lifelong career choice. The wide range of options available to LPNs provides them with opportunities to work in various departments, locations and levels of management. For

instance, graduates can find careers in hospitals, care homes, community health centers, schools and medical clinics.

Students in the Practical Nursing program learn from industry-experienced instructors. They study essential subjects such as human anatomy, physiology, pharmacology and professional issues as well as a range of specialized topics like acute care, gerontology and community health. Supervised clinical practicum placements in community care settings, long-term care facilities and acute care environments allow students to gain essential practical experience in the field. A final preceptorship prepares students for the transition from student nurse to licensed professional.

"Upon graduation, our students are prepared for writing the Canadian Practical Nurse Registration Exam (CPNRE) in order to apply for licensing with the College of Licensed Practical Nurses of BC," says Dr. Bohdan Bilan, VP of Academics for CDI College. "As new professionals in the industry, our graduates will become key assets in the province's healthcare system for years to come."



CDI College is currently accepting applications for the fall intake of its 51-week Practical Nursing program at its Richmond,

Surrey, and Vancouver campuses. Program lengths may change for future sessions due to curriculum revisions.

If you're interested in learning more about the program call 1-888-654-4179 or visit van.cdicollege.ca.

Join the conversation on Facebook ([Facebook.com/CDICollege](https://www.facebook.com/CDICollege)) and Twitter ([Twitter.com/CDICollege](https://twitter.com/CDICollege)).

New. Addition



► Mike Retasket, cultural tour guide, performs a welcoming ceremony at Stanley Park yesterday.

ARIANA KAKNEVICIUS/FOR METRO

Sculpture joins village

Master Carver Richard Krentz accompanies the welcoming ceremony in Stanley Park to bring life to his new Eagle's Nest sculpture. Carved from a three-tonne piece of maple, the sculpture is now a permanent addition to the park's Klahowya Village.

Man killed while tubing at night

An 18-year-old Mission man was killed when he was hit by a boat while tubing on Osoyoos Lake at night, RCMP said yesterday.

Mounties were called at 9:15 p.m. on Tuesday after three 18-year-old men, who were being pulled on a tube behind a boat,

were struck by a second boat, killing one of the men.

The owner and operator of the second boat, a 27-year-old man from Alberta, is in custody and faces possible charges of dangerous operation of a vessel causing death.

The operator of the first boat, an 18-year-old man from Mission, is also being considered for charges of operating the boat without a licence.

● ARIANA KAKNEVICIUS



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1008 West Georgia St.
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Capilano Mall
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Lynn Valley Centre
Oakridge Centre
Pacific Centre
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KAMLOOPS
Aberdeen Mall
Lansdowne Village

KELOWNA
Dilworth Shopping Centre
Orchard Park Shopping Centre

PENTICTON
Peachtree Square

PRINCE GEORGE
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Click! You just voted

► Elections chief wants online ballots ► Present system inefficient and expensive, he says ► May 2 federal election cost \$291 million

The next time Canadians go to the polls in a federal byelection, it could just mean booting up their computers.

Canada's chief electoral officer says he's committed to seeking approval for a test of Internet voting in a byelection held after 2013.

Marc Mayrand also says Elections Canada wants to expand other services offered online, such as voter registration.

In his official report on the May 2 federal election, Mayrand says it's clear Canadians are demanding more ease and flexibility in voting.

May's vote featured a record turnout at the advance polls — even though they were held over the Easter holidays — as well as an increase in special ballots.

An archaic ban?

► Mayrand doubts there was widespread flouting of a rule that prohibits publishing election results in areas where the polls are still open.

► A social media campaign had encouraged people to break the rule, arguing that the Internet age makes such a ban archaic. Mayrand agrees.

"The rigidity of the voting process is not only an inconvenience for electors, but is also expensive and, in some cases, inefficient," Mayrand says in a report released yesterday.

Elections Canada "needs to explore more efficient processes for conducting the vote," he says.

THE CANADIAN PRESS

Celebrating. World Youth Day



► A priest hears the confession of a pilgrim inside a temporary confessional in Madrid's Retiro Park on the eve of the Pope's visit today.

EMILIO MORENATTI/THE ASSOCIATED PRESS

Protest flares as the Pope heads to Madrid

A chemistry student working as a volunteer for the visit of Pope Benedict XVI to Madrid today was arrested yesterday on suspicion of planning a gas attack targeting protesters opposed to the pontiff's four-day stay, officials said. Meanwhile, thousands of protesters railing against the visit staged a largely peaceful march last night to Madrid's central plaza — the focus of months of demonstrations against Spanish politicians and the government's austerity policies.

Noah's Ark to drop anchor ... in Kentucky

Tucked away in a nondescript office park in northern Kentucky, Noah's followers are rebuilding his ark.

The biblical wooden ship built to weather a worldwide flood was 152 metres long and about 25 metres high, according to Answers In Genesis, a Christian ministry devoted to a literal telling of the Old Testament.

This modern ark, to be nestled on a plot of about

325 hectares of rolling Kentucky farmland, isn't designed to rescue the world's creatures from a coming deluge.

It's to tell the world that the Bible's legendary flood story was not a fable but a part of human history.

"The message here is, God's word is true," said Mike Zovath, project manager of the ark.

"There's a lot of doubt: 'Could Noah have built a boat this big, could he

"When you get to walk through the boat and see how big this thing really was, and how many cages were there, and how much room there was for food and water ... our hope is people start seeing that this is plausible, that the account could be believed."

MIKE ZOVATH, PROJECT MANAGER OF THE ARK

have put all the animals on the boat?" Those are questions people all over the country ask."

The ark will be the cen-

trepiece of a proposed \$155-million religious theme park, called the Ark Encounter, and will include other biblical icons

like the Tower of Babel and an Old-World-style village.

It's an expansion of the ministry's first major public attraction, the controversial Creation Museum.

It opened in 2007 and attracted worldwide attention for presenting stories from the Bible as historical fact, challenging evolution and asserting that Earth was created about 6,000 years ago.

Zovath said the ark will have Old-World details like

wooden pegs instead of nails, straight-sawn timbers and plenty of animals — some alive, some robotic like the Creation Museum's dinosaurs.

He said it has not yet been determined how many live animals will be in the boat during visiting hours, but the majority will be stuffed or animatronic. At their count, Noah had anywhere from 2,000 to 4,000 on board.

THE ASSOCIATED PRESS

Mom's off the mark

Research has already found that Canadians think they're skinnier and taller than they really are, but a new study suggests they're also off the mark over the height and weight of their kids.

Statistics Canada found that on average parents underestimated their child's height by 3.3 centimetres and weight by 2.4 pounds. The errors skew kids' obesity rates.

THE CANADIAN PRESS

Police act over 'online threats'

Montreal police say they've made an arrest in a case involving alleged online threats made for

nearly 20 years against atheists and secular scientists around the world.

Police say they had a deluge of complaints from all over the world about a Montrealer who goes by the online moniker "David Mabus" among other pseudonyms.

THE CANADIAN PRESS

Imam faces sex rap

An imam who taught at a Toronto Islamic centre and travelled to mosques around the world is facing sexual assault charges involving at least five alleged victims.

Mohammad Masroor,

48, has been charged with 13 offences, including threatening death.

The investigation involves five alleged victims, both male and female, police say.

THE CANADIAN PRESS

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Six-degrees theory tested

- Facebook and Yahoo set out to prove social connectivity concept
- Sociologist: Nearly 'all people have a path to each other'

You and the rest of the 750-million global Facebook army might finally be able to prove if "six degrees of separation" is real.

A social experiment devised by Yahoo Labs using Facebook's vast web of connectivity is designed to come as close as possible to the truth of the elusive "six-degrees" idea.

Popularized in a film and bolstered by actor Kevin Ba-

con's career, the theory says everyone in the world (or at least in Hollywood) is just six social connections away from everyone else.

"Pretty much everyone is connected," sociologist Duncan Watts told the Toronto Star yesterday. "99.99 per cent of all people have a path to each other."

Watts is a Columbia University professor and principal researcher at Ya-

hoo Labs, which devised the Small World Experiment.

"As big and diverse as Facebook is, it's not as big and diverse as the whole world," Watts admitted. "But this is a huge step forward from what was possible."

Watts himself tested the "six-degrees" theory a decade ago with email.

TORSTAR NEWS SERVICE



► Kevin Bacon

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Big. Celebration



► Indonesian men participate in a greased-pole-climbing competition yesterday, held as part of an independence day celebration in Jakarta, Indonesia.

DITA ALANGKARA/THE ASSOCIATED PRESS

Indonesia throws party

This year, Indonesia is celebrating its 66th anniversary of independence from the Netherlands. In the pole-climbing competition during yesterday's festivities, contestants raced up to grab items ranging from buckets to bicycles hanging from the top of the poles as prizes.

Dispute over penis amputation goes to trial

The dispute between a Kentucky man and a surgeon over the necessity of amputating the patient's penis during surgery in 2008 is set to go to trial this week.

The doctor maintains he found cancer in the man's penis during

surgery and that it had to be removed, according to the physician's attorney. The patient claims the surgery was supposed to be a circumcision and he never authorized the amputation, nor was he given a chance to seek a second opinion.

Jury selection begins today in the lawsuit brought by Phillip Seaton of Waddy and his wife, Deborah, against Dr. John Patterson of Louisville. Attorneys hope to start opening statements this afternoon.

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Dad forced to wait

► Sailor has received more than 250 photographs of his new baby via email ► Charlottetown will be handing off command to HMCS Vancouver today



JENNIFER TAPLIN
@METRONEWS.CA
METRO CANADA IN HALIFAX

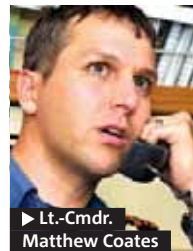
The closest Lt.-Cmdr. Matthew Coates has come to holding his son is putting up photos in his bunk in HMCS Charlottetown.

He'll see his baby Nathaniel for the first time when the ship pulls into Halifax likely on Sept. 2. The Charlottetown left Halifax in March as part of Operation Mobile in Libya.

Because of the timing of the birth, Coates wasn't able to take leave to fly home to be with his wife during delivery.

"It's challenging, and the clock isn't moving as fast as I would like," he said in a phone interview from the ship yesterday.

"It weighs heavily on your mind, but I also think, to some extent, it's not a lot different than everyone else on board who has young children."



► Lt.-Cmdr. Matthew Coates



► Meghan Coates snuggles her one-month-old son Nathaniel in their Bedford, N.S., home yesterday.

Nathaniel was born on July 18, and Matthew won the betting pool on board the ship when the baby would arrive.

"It seems somewhat fixed, but it wasn't fixed at all. I was within six ounces of the weight, three minutes of the time but I got the sex wrong," he said.

His wife, Meghan, who also works for the navy, said she thinks the past month has been harder on

Matthew.

"Just because if anything were to happen he was just so far away. I think he felt a little helpless," she said.

Nathaniel, a healthy and happy baby, seemed blissfully unaware of the upcoming homecoming, and content to receive kisses from his mom yesterday.

"Mommy loves you," Meghan crooned. "And daddy loves you too."



► John Gilhen, curator emeritus at the Museum of Natural History in Halifax, points out the teeth on a great white shark yesterday.

Museum displays shark head

Rows of serrated teeth on a fierce-looking jaw surfaced from the murky water yesterday. But this shark is no longer a fierce predator: it's the head of a great white being kept in a bucket housed at the Natural History Museum in Halifax.

The shark was caught

in a fishing weir in the Bay of Fundy near the community of Economy, N.S., overnight on Aug. 6. Its head was recently taken to the museum for study and eventual display.

It's the only head of a great white at the museum.

"We get reports of sharks all the time, every summer in Nova Scotia. Sometimes they say it was a white shark but we don't have the evidence," said John Gilhen, a curator at the museum.

"This is solid evidence they're here."

● JENNIFER TAPLIN IN HALIFAX



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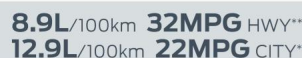
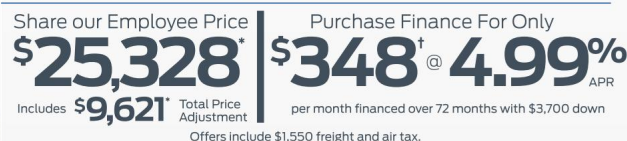
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THE ASSOCIATED PRESS

► The tobacco companies' lawsuit says the new warning labels were manipulated to be especially emotional. They say the corpse photo is really an actor with a fake scar, while the healthy lungs were sanitized to make the diseased organ look worse.

Big Tobacco fuming over graphic labels

► U.S. lawsuit against FDA calls for ban of cigarette warnings ► New labels must cover 20 per cent of pack

Five of the largest tobacco companies in the United States want a judge to put a stop to graphic cigarette labels that feature images of a sewn-up corpse and diseased lungs, saying they unfairly urge adults to shun their legal products and will cost millions to produce.

The companies sued the federal government yesterday, arguing that the warnings violate their free-speech rights.

The companies say the warnings no longer simply convey facts to allow people to make a decision on whether to smoke. They instead force them to put government anti-smoking advocacy more prominent-

ly on their packs than their own brands.

The U.S. Food and Drug Administration refused to comment yesterday, saying the agency does not discuss pending litigation. But when the labels were announced in June, the FDA called them frank and honest warnings about the dangers of smoking.

THE ASSOCIATED PRESS

5

The five companies behind the lawsuit are R.J. Reynolds Tobacco Co., Lorillard Tobacco Co., Commonwealth Brands Inc., Liggett Group LLC and Santa Fe Natural Tobacco Company Inc.

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I have a no-nonsense, well organized office in my apartment that looks like a place where work gets done. It looks that way because nobody uses it. I think about it while I drink beer in my neighbourhood bar.

I am a barfly. Wherever I've lived, a bar has been my second home. The current pub is where I go when it's too cold, where I hide when there's lightning, and it's where I fled after separating from my then-wife.

You see how the place gives off good vibrations. Why this bar in particular? It fits my demanding criteria of being very, very close to my apartment. I enjoy its five-star adjacency ranking and its world-class proximity. If I'm ever writing Zagat reviews, my top rating will be NEARBY!

Truth is, if there were a laundromat closer with some detergent fumes and a vending machine, I'd hang there.

"It fits my demanding criteria of being very, very close to my apartment. I enjoy its five-star adjacency ranking and its world-class proximity. If I'm ever writing Zagat reviews, my top rating will be NEARBY!"

Not that the bar is devoid of charm. It's one of those proudly middle-of-the-road places that describes everything on the menu as "our very own," as if they have a cow out back they're getting their burgers from.

Countless hours in this place have made me well-versed in barflyedness and, in the spirit of pubs everywhere, I offer the following unsolicited advice about the ins and outs. Because you remind me of me at that age.

Talk the talk: Remember that everybody at the bar

worked harder than you did that day, and are so friggin' tired and, oh, man, you don't even understand. But it's all cool, no biggie, they do it all the time.

When you join this conversation, because you worked harder than everyone else too, make sure to roll one of your shoulders and wince as you talk.

Tip well: Even if the service is terrible, if you're a regular you have to tip 15 per cent. Because if you got bad service by accident, you don't want to see the bad service you'll get when they do it on purpose.

Spread your empties: Be sure to scatter your empty beer bottles around your table so anybody looking has the impression there's a multi-person party going on, and if they look back later they'll see the many GQ-quality men and buxom redheads who have only temporarily stepped away from the table. If anyone is around long enough to know it's just you and Alexander Keith, well, how long have THEY been there?

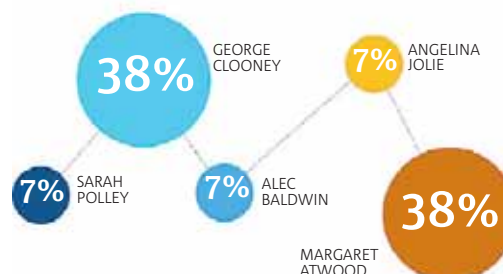
Follow these tips and you'll be the top tippler you can be. Remember: If you're going to be mediocre, you should be the best at it. Cheers!

Read more of John Mazerolle's columns at metronews.ca/hesays



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Which celebrity would you most like to see run for office?



Local tweets



- ▶ **@ElKartel:** Hmm, which beach...which beach. Some- where the drinks are close- by! #vancouver #summer
- ▶ **@baabbyygirl:** Beautiful #Vancouver, you're like a tease
- ▶ **@joshlavoie:** @AshGhebranos There are a reasonable amount of pit bulls in Vancouver, they can be great dogs, but they're usually owned be wrong people.
- ▶ **@commie22:** RIP Rick Rypien. He was a warrior. Hit me so hard my eyes could- n't focus for 30 secs. Not sure if it was a left or right. #hitmewithboth
- ▶ **@JonAalhus:** Out of cell range since Saturday, just found out now. RIP Rick Rypien. Miss you. And the beatings on Stortini.
- ▶ **@hotcheesesoup:** RIP Rick Rypien. Your energy and passion are simply irreplaceable. Proud to have had the privilege of watching you play in Vancouver.
- ▶ **@RocketThinkers:** RIP Rick Rypien. 27 is too young. Thoughts go out to his family & friends.
- ▶ **@GreggersDuncan:** RIP Rick Rypien. You personally meant a lot to me. #warrior

Letters

DAIRY. Canada's Food Guide needs to remove dairy.

There is little, if any, evidence that eating dairy prevents osteoporosis or fractures, and there is considerable evidence that high dairy product consumption is associated with increased risk of fatal prostate and ovarian cancers (Harvard School of Public Health). The drinking of cow milk has been linked to iron-deficiency anemia in infants and children; it has been named as the cause of cramps and diarrhea in much of the world's population, and the cause of multiple forms of allergies as well; and the possibility has been raised that it may play a central role in the origins of atherosclerosis and heart attacks.

Dr. Ellis says dairy products are "simply no good for humans ... There is overwhelming evidence that milk and milk products are harmful to many people, both adults and infants. Milk is a contributing factor in constipation, chronic fatigue, arthritis, headaches, muscle cramps, obesity, allergies and heart problems."

DEKKER FRASER
BURNABY

Cartoon by Michael de Adder



WEIRD NEWS

The bare bones of Sweden's real estate market

A Swedish real estate agent has an unusual piece of property up for sale: A five-bedroom house, complete with medieval tomb and skeleton in the cellar.

The central Visby town house on the Baltic Sea island of Gotland was built in 1750 on the foundations of a Russian church. The kitchen lies on the presbytery, and the tomb containing the skeleton — visible through a

glass panel — is in the cellar.

The real estate agency's owner Leif Bertwig says there is no reason to be afraid as the skeleton "lies in consecrated soil and rests in peace."

Bertwig said yesterday the remains likely belong to a Russian man who died some 800 years ago.

The asking price for the house is \$640,000 US.

THE ASSOCIATED PRESS

JOHN AREDAL/THE ASSOCIATED PRESS



▶ The skeleton of a man believed to have died 800 years ago.



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2
scene

Squamish goes Live this weekend

► **Headliners Metric and Weezer are only part of the story at this fest**

BACKSTAGE
PASS

GRAEME MCRANOR
METRO VANCOUVER



Who doesn't like a music festival surrounded by stunning scenery?

Yes, my music-lusting homies, this weekend it's all about Live at Squamish. Kind of like Pemberton Fest, without the six-hour traffic jam.

Camping, a bevy of bands on two stages, licensed bevy areas, bike valet, a Metro-sponsored slip and slide — what's not to love?

You already know Metric is playing. Weezer, too. But it's not all headliners and hot dogs. Plenty of talented bands and performers in the mix. Here are a handful of local acts to check out at your leisure:

Shane Koyczan

Spoken-word savant Koyczan has done what no other poet has probably ever done: appeared in a Maxwell House commercial. But optimism is contagious and this local word-slinger deserves props for his chops. Check him out Saturday on the Stawamus Stage at 5:40 and 8 p.m.; Sunday at 4 p.m. on the Garibaldi Stage; 5:50 p.m. on Stawamus.

Black Mountain

I often get flashes of young Ozzy Osbourne when I hear Black Mountain. Anyway, the band's critically acclaimed third album, last year's *Wilderness Heart*, is pretty rockin'. And I don't usually use the term "pretty rockin'" to describe anything. So you know it must actually be pretty rockin'. Black Mountain performs Sunday at 7:10 p.m. on the Stawamus Stage.

Luke McKeehan

If you've gone to see any big-name out-of-town DJ in the last half-century, you'll recognize McKeehan's name from the concert bill.

OK, maybe not half-century, but you get the idea. The man gets around. Owner of Vancouver-based Nordic Trax. Spinner of musical yarns. And he sometimes RTs my stupid jokes on Twitter. McKeehan performs on the



► Musician Amber Webber of Black Mountain

Essentials

Live at Squamish takes place Saturday and Sunday. More information at liveatsquamish.com.

► **Food:** There will be a variety of on-site food vendors with "something yummy for everyone, including healthy options, fussy

eaters and those with allergies." It's on their website so it must be true.

► **Booze:** Available in licensed areas. Alcohol cannot be brought on to the festival grounds.

► **Water:** Bring your own container to refill at water stations. Mother Earth says thanks!

Garibaldi stage at 6:25 p.m. Sunday, right before Dub-

tribe Sound System, Doc Martin and Major Lazer.

News in brief



Katy Perry has proven she's a multi-hit wonder, becoming the first woman to score five No. 1 songs from one album on the Billboard Hot 100 chart. Her song *Last Friday Night (T.G.I.F.)* is the latest No. 1 from her platinum album *Teenage Dream*.

THE ASSOCIATED PRESS

Yelchin gets 'freaked out' in Fright Night



NED EHRLBAR
SCENE@METRONEWS.CA

MWN IN HOLLYWOOD

Anton Yelchin's boyish looks are working against him.

"I am not necessarily attracted to playing high schoolers anymore. Like, I got pretty over it," he says. "I haven't been to high school in five years. I don't really want to do a high school movie anymore, ever."

While his character in his latest film, *Fright Night*, is a high school student, he's quick to point out that's not a major plot point. In fact, once the action gets going — Yelchin's Charlie discovers his smooth-talking neighbour Jerry (Colin Farrell) is actually a vampire — it doesn't matter how old Charlie is as much as how scared he is, which was a major focus for Yelchin.



► Anton Yelchin is shown in a scene from the horror film *Fright Night*.

"It adds to Jerry's menace," Yelchin says. "The more freaked out he is, the more serene Jerry can be and the more menacing he can be. Because you are Charlie, you're the one that's getting freaked out that something's going to happen."

But the two stars didn't feel the need to stay away from each other off-camera to master that dynamic, though some actors might've gone that route. "I've never really done

that with anyone unless I needed to; unless I really felt like I couldn't do this without just staying in it," he says.

"We seemed to get along pretty well. We definitely weren't like, 'You stay in one corner and I'll stay in another one,' you know what I mean?"

Besides, there were plenty of other factors to the horror movie shoot for Yelchin to contend with.

"Some of the shooting was difficult," he admits.

"There's no, 'Oh, I have two minutes to run to the bathroom? Great.' It's like, 'I need 15 minutes to do what normally takes 30 seconds.'"

ANTON YELCHIN ON WEARING A VAMPIRE-HUNTING SUIT

"The hours, inevitably as the movie's coming to a close, get longer and longer, so you get more and more tired, but we had a great time because the people are really great."

He also got to play some dress up, as Charlie dons an impressive homemade vampire-hunting suit late in the film, something he'd be delighted to see fans wearing at next year's Comic-Con.

"They will very quickly discover how uncomfortable that outfit is," he says. "It was so hot. It's fire-

proof. I don't even know what that material is. It might as well have been bulletproof, too. It looked cool. At the end of the day, that's all that matters."

Comfort aside, the suit offered some logistical issues: "You have to pick and choose the hours that you're going to go to the bathroom," Yelchin says.

If Yelchin is looking to keep himself from hitting up homeroom again, then his next role, *Like Crazy*, is a step in the right direction. "We're in our 20s in *Like Crazy*, so it had nothing to do with high school. It's about kids in college, young men and women after college trying to figure out — in a very serious way — what was going on with their lives," Yelchin says.

"It was a completely different universe. It was like the universe that I feel I inhabit more and more — just life after college, what do you do with yourself?"



Broadway's *The Lion King* puts on a special show for autistic kids, families. Scan code for more.



► Jeff Bridges' true self comes through in his new album.

JEFF BRIDGES TRULY IS THE DUDE

When you get right down to it, Jeff Bridges' new self-titled album got its start more than 30 years ago on the set of Heaven's Gate.

The now legendary six-month shoot threw the actor, whose hobby was guitar-slinging, together with a bunch of musicians, including Kris Kristofferson and one of Kristofferson's players — a young T Bone Burnett.

"That was it, that was when we became friends," Bridges said of Burnett. "We stayed friends over the years. We haven't spent that much time together. We're both busy guys. But you know how it is with people that you click with. You just pick up where you left off."

And when the two got back together on the 2009 film Crazy Heart, the click was audible. The collaboration led to Academy Awards for each and some of the best work of their respective careers.

"Jeffrey's exactly the same as he was then, only more so," Burnett said. "His spirit has not

wavered in all these years. He's remained very true to whichever muse he's following."

The time they spent together working on the music on that film reignited something in Bridges that had been pushed aside by his acting successes. Still, there had been occasional jam sessions over the decades, and Bridges put out an independent album, Be Here Soon in 2000 with Michael McDonald on their own label, Ramp Records.

And while Bridges says recording music is playing a part, a picture of the actor emerges through the songs he chose. It's an introspective album, subtly psychedelic with shades of rock and country. It is not an album of acid-tinged lounge music by The Dude, Bridges' iconic character from The Big Lebowski — though Bridges says, "I think the Dude would dig this album."

And it's not a slab of outlaw country a la his Crazy Heart alter ego Bad Blake. This is pure Bridges **THE ASSOCIATED PRESS**

Sitting at the top, ruling the throne

- Kanye West & Jay-Z's latest project topping the charts across the world
- From a rollout, to the style of music, they're doing it all their own way

G. VALENTINO
BAL
SCENE@METRONEWS.CA

The numbers are in. No. 1 in 23 countries on iTunes, the Jay-Z and Kanye West (known collectively as The Throne) collaborative album Watch the Throne has been a commercial smash.

But financial windfalls notwithstanding, why would two of hip-hop's biggest stars even bother with the project in the first place, especially when each rapper is at the top of his game? The answer might be in the project's first video, Otis. Smiling as they trade verses and ride in a Maybach that gets the Mad Max treatment, they look like they are having fun with no rules.

"That's the beauty in it. They didn't need to do it for money. Not worried about radio singles or mar-

Different look

Everything about this project has been different.

► **Strategy** From the supergroup approach to the innovative retail rollout and going to digital first, Watch the Throne has not been the norm. Nowhere do we see that more than in the Otis Redding-sampling, Otis, which is an unlikely radio hit.



► Watch the Throne broke the iTunes one week sales record in the U.S.

keting campaigns, they just went in and produced what they thought was a dope album," explains Geespin, assistant program director of New York's Power 105 FM.

The presentation of the album was unprecedented. It was for sale exclusively through iTunes, while streaming online for free from Aug. 8 to 11. Then it hit all digital and physical retailers on Aug. 12. This

allowed the Throne to dodge that most treacherous of artistic enemies in this digital age: the Internet leak.

The set also broke the U.S. iTunes Store's one-week sales record last week when it sold nearly 290,000 downloads.

With the physical sales added to the digital, Watch the Throne is a lock for the top spot when Billboard updates its charts today.

In the music business, success usually breeds imitation. Are we on the brink of seeing more special projects like this? Will there be an heir to the Throne, so to speak? Geespin thinks so.

"I wish that more artists in the position would be more conceptual instead of thinking radio spins," he says.

"It's good for the culture."

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Bringing sight to blind

► Marvel's Daredevil character, blind himself, will be brought to life for blind readers by audiobook

The Man Without Fear has a voice for fans unable to see him.

Marvel Comics' Daredevil — a blind lawyer who protects the streets of Hell's Kitchen in New York — has had his new adventures brought to life as a free digital audio book.

Senior editor Stephen Wacker told The Associated Press on Tuesday that the audio version of Daredevil No. 1 came about after he and series writer Mark Waid thought the Matt Murdock/Daredevil character, blinded as a child, might appeal to visually impaired fans.

The series came out earlier this month with Waid,

Paolo Rivera and Marcos Martin as the creative team for the character who first appeared in 1964.

Wacker said he's received several letters since editing the character. Many spoke of being visually impaired or sharing the character with friends who were.

"Daredevil, he's such an odd superhero in that he has a disability," Wacker said.

"People who share that disability will gravitate toward him."

So he thought it would be a good idea to gravitate back to those fans with an audio version, taking ad-



HANDOUT/THE ASSOCIATED PRESS

vantage of the publisher's in-house multimedia team to make the project a reality.

"I just sort of threw it out (there) and the next thing I knew, it was happening," Wacker said.

Waid read his script, offering up descriptions of the panels in the book and Marvel editors Tom Breihan, Ellie Pyle and Jordan D. White voiced Murdock, Foggy Nelson and Kirsten McDuffie, among others. Marvel.com video editor Todd Wahnish recorded the piece while Ben Moese, associate editor of marvel.com directed it.

White then edited the final recording before it was ready to be released to the public.

The finished product was posted online as a free download.

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Abercrombie & Fitch unhappy with 'Sitch'

Jersey Shore star offered money to stop wearing preppy brand of clothes

Clothing company Abercrombie & Fitch is apparently so displeased with Jersey Shore star Mike "the Situation" Sorrentino wearing their wares that it's willing to pay him to stop.

"We are deeply concerned that Mr. Sorrentino's association with our brand could cause significant damage to our image," the company said in a press release, according to CNN. "We believe this association is contrary to the aspirational nature of our brand, and may be distressing to many of our fans. We have therefore offered a substantial payment to Michael 'the Situation' Sorrentino and the producers of MTV's The Jersey Shore to have the character wear an alternate brand. We have also extended this offer to other members of the cast, and are urgently waiting a response." **METRO**

"We believe this association is contrary to the aspirational nature of our brand."

ABERCROMBIE & FITCH PRESS RELEASE



Jersey Shore's the Situation.

ALL PHOTOS GETTY IMAGES



Jay-Z

Jay-Z compares Beyoncé to MJ

Jay-Z may be a bit biased, but he thinks wife Beyoncé is pretty great — and possibly even the second coming of Michael Jackson.

"I know that's blasphemous to compare the two be-

"I think she's like the second coming." JAY-Z

cause Mike was such an innovator, but I think she's like the second coming,"

Jay-Z tells Miami radio station 99 Jamz. "You know, the hard work and dedication that she puts into her shows. It just makes you want to work harder at your own craft. She's like a machine." **METRO**

Depardieu's keeping it classy

French star Gerard Depardieu made quite a stink on a CityJet flight bound from Paris to Dublin recently.

While the plane was delayed on the tarmac, Depardieu asked to use the restroom and, after he was

refused, reportedly relieved himself in the aisle of the plane.

"I will only confirm that he, in effect, urinated in the plane," a spokeswoman for the airline says.

After the incident, the

plane had to return to the gate and was delayed for two more hours for cleaning.

It was not clear whether any action would be taken against Depardieu.

METRO



Gerard Depardieu

Talking points

Pitt, Jolie pay well for their train travel

NOT CHUMP CHANGE. Brad Pitt and Angelina Jolie know how to travel.

When it was time to move their six kids, extensive entourage and the 350-person crew for Pitt's upcoming zombie movie World War Z from London to Scotland, a private train was chartered, according to People magazine. The Jolie-Pitts even got door-to-door service.

"Three cars suddenly drove onto the platform from the street, pulled up alongside the train and then they all got out," a source says. "Brad was in one car with some of the kids and Angelina was in another with the others. They were all smiling and looked really happy, but then I suppose it's not every day that a kid gets to have their own train to play with." **METRO**

Gossip Girl is Pretty Reckless

MOVING ON Former Gossip Girl problem child Taylor Momsen says she's through with acting and is instead focussing on her band, the Pretty Reckless.

"I quit Gossip Girl and now tour and am in a band," the 18-year-old tells Elle magazine. "That's pretty much all I want to do. Hopefully, I'll be able to only do that for the rest of my life." Momsen was put on indefinite hiatus from the show last November, and in April is was announced she

Celebrity tweets



"note to self never leave lap top with twitter page open in a room full of friends!" **@MissKelly0**



@emmabunton

"yesterday my twitter was down, my internet is still not working and my boiler is broke!!! Not a great couple of days!" **@daxshepard**



@daxshepard

"Once a week I hear someone answer their phone with, 'I can't talk right now.' Do they think phone will explode if not answered?" **@AlbertBrooks**



@AlbertBrooks

"You know you've gained a few pounds if your robe is tight." **METRO**

wouldn't be returning. **METRO**

Banks pretends to be Handler

GOOFING AROUND Actress Elizabeth Banks gets mistaken for comedian Chelsea Handler pretty often — and she sometimes doesn't correct people.

"A guy walked up to me and said, 'I just love your books. I mean, My Horizontal Life' ... I was like, 'Oh, he thinks he's meeting Chelsea Handler.' I couldn't ruin it for him!" the actress said during a visit to Handler's talk show.

"I was like, 'It's nice to meet you.' I was just hanging out, being Chelsea, drinking my vodka and having a good time. He couldn't have been happier." **METRO**



3
lifeA very Gaga
Christmas

Lady Gaga and her team are going to reinterpret Santa's workshop and put it on display at Barneys. She'll get an entire floor and take over the coveted windows starting in mid-November at the retailer's flagship Madison Avenue store. There will also be a collection of Gaga's Workshop gift items that will raise money for a charity of her choice. Campaign visuals, including a cartoon rendering of Gaga with long blue hair and a sparkly red jumpsuit, will be used to decorate shopping bags and other packaging, and will be featured on the company's website.

THE ASSOCIATED PRESS



Anti-aging skin care tips for men and women

Worldwide trends

► There's a boatload of new shapes, prints and overall ideas to choose from for fall ► Before you hit the stores, refer to this guide for navigating through it all

KENYA HUNT
LIFE@METRONEWS.CA
METRO WORLD NEWS



► Prada



► Marc Jacobs



► Dolce & Gabbana

SHAPES:
THE SIXTIES ARE THE
NEW SEVENTIES

It's amazing how quickly decades come and go. Sixties flavoured A-line dresses, skirts and coats ruled the runways for collections such as Prada, Burberry Prorsum and Fendi, replacing all of those floaty '70s looks you coveted last fall. Even trousers have a new feel to them in cigarette shapes with higher hemlines.

PRINTS:
POLKA-DOTS AND
STARS ARE THE NEW
STRIPES

Last season it was all about stripes. But this fall, polka-dots and stars take the prize for the trendiest print. Thank Marc Jacobs, Stella McCartney and Topshop Unique for all the spots you're seeing in the shops, while Dolce & Gabbana are behind all those dresses covered in Milky Way that you've been seeing on the red carpet.

IDEAS:
MAXIMAL IS
THE NEW MINIMALISM

Embellished to the hilt in crystals and glitter (Dolce & Gabbana) or patchworked to the Gods (Fendi), details and ornamentation are suddenly very important. As seen on just about every runway, more is definitely more this season. And if you're feeling really adventurous, combine them all in a single, in-your-face outfit and own it.

2

FOR LESS:
FALL
TRENDS ON
THE HIGH
STREET

THE '60S

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► Zara jacket, \$129, zara.com

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Rice 'n' easy

Dry shampoos are total time savers, but they so often leave a powdery residue. To get shiny hair with the shake of a can, try LaCoupe Orgnx Re Fresh In-

stant Hair Reviver (\$10, orgnx.com), which contains brown rice to add moisture to hair (it sprays on wet) or John Frieda Luxurious Volume Anytime Volume Refresher (\$11, johnfrieda.ca), a dry spray-shampoo that contains transparent rice starch that blends into your

hair with no white buildup.

Getting Married?

"For shiny, healthy hair on your big day, get a cut, colour and hair treatment a few weeks ahead of time," says Nhi Tran, creative director of Sassoon Salon Toronto.

TRY IT Pantene Pro-V Colour Nourishing Treatment renews the hair's surface, sealing damaged cuticles and preserving colour for up to six weeks; \$9, pantene.ca. **SUBSCRIBE FOR FREE TO THEKIT.CA—AND DISCOVER THE DIGITAL WORLD OF BEAUTY.**

From catwalk to campus

► Post-secondary schools turning into posing grounds as fashion blogs keep young people aware of trends

It's not all jeans, sneakers and sweatshirts packed in those duffel bags headed to college campuses in the coming weeks. There might also be a ripped-from-the-runway look from Zara or H&M that mimics Celine or Chloe, and maybe — just maybe — a bona fide Diane von Furstenberg dress or Alexander Wang jacket.

Dr. Martens are a must-have.

It will all get worn, with the possible exception of the sweatshirt, says Amy Levin, founder of the site CollegeFashionista.com.

"College students love to change up their look. ... They can do it by translating the most up-to-date looks for their lifestyles and budgets."



► Photos of two style-savvy students featured on collegefashionsita.com.



ALL PHOTOS COLLEGEFASHIONISTA/THEASSOCIATEDPRESS

For some students, Levin says, going to class is a reason to get dressed up. CollegeFashionista has

regular contributors from more than 200 campuses chronicling clothes worn by their peers. On this day,

for example, the site features a student and her Michael Kors bag and animal-print pumps at the University of Texas, and a Boston University student in a strapless sundress.

The fact that today's students are so plugged in certainly helps in staying so stylish. They can look at photos from designer collections and red carpets around the world in real time — and change their look in the time it takes to dig through their drawers and dirty laundry piles.

A shift in style doesn't take long for this crowd to digest. They are hungry for the next big thing and usually aren't married to a particular look. "You'll see in the U.S. that campuses in major cities are usually

"There are so many different styles on campus. There's grungy and polished, more tailored, more sport or hip-hop. I think that inspires me."

CAROLYN AMURAO,
COLLEGEFASHIONISTA.COM

ahead of trends," observes Levin, and Londoners and students in Australia are even more fashion-forward.

(Levin says her alma matter, Indiana University, is more traditional and casual, but not by much.)

That brings us back again to the college sweatshirt students' parents still

buy when the acceptance letter first arrives. News flash, according to Levin: They are too generic. "They might put their school name on a shirt, but they've done it in some creative way themselves. Everyone wants to be individual — no one wants to dress alike," she says.

New York University film student Carolyn Amurao, a Vancouver native who just moved to hip Williamsburg in Brooklyn, says she doesn't pay much attention to celebrity fashion anymore; she'd rather be inspired by what she sees on the street.

She has borrowed a few looks from her fellow students — like wearing socks with platform heels.

THE ASSOCIATED PRESS

A shop shindig

► Fashion's Night Out initiative offers style with a little something extra ► Aims to keep fashion industry afloat

Fashion's Night Out, the shopping initiative driven by Vogue editor-in-chief Anna Wintour, returns as a bigger event next month, extending to 250 U.S. cities. But there seems to be a sharper focus on industry stars — including designers, red-carpet experts, and make-up artists — instead of the Hollywood celebrities who grabbed headlines the past two years.

The event aims to draw consumers into stores on one night during the all-important fall retail season by making shopping an exciting, interactive experience with how-to sessions, music, refreshments and glimpses of insider glamour.

This year's FNO is Sept. 8, with New York still clearly its home base, but many national retailers and mall operators join-

ing in: For example, stylists will be at select Nordstrom stores, and Neiman Marcus has special events planned at more than two dozen locations.

Don't live in a big city?

Shopbop.com is streaming footage of its fashion gurus visiting stores, and QVC plans a live broadcast, including a fashion show.

THE ASSOCIATED PRESS

NYC: Place to be

The biggest buzz this year will likely come from Manhattan:

- Michael Kors plans to stand in the window at Bergdorf Goodman.
- Rachel Zoe will visit Bloomingdale's to debut her new collection.
- Coco Rocha will talk up the Karl Lagerfeld line at Macy's Herald Square.



STEPHEN CHERNIN/THE ASSOCIATED PRESS

► Designers Mark Badgley, left, and James Mischka hold their dogs during a doggie fashion show at Bergdorf Goodman during Fashion's Night Out in New York.

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Luxurious basics

Sheets: Most people

think that the higher the thread count (weaves per square inch) the better the quality.

Pillows: Some like feather and some like synthetic fill. I always suggest having a mixture on the bed so that you have variety. This is especially important in a guest room where you may not know your guest's preferences.

A feather/down pillow will offer a cushy/soft landing for your head while a synthetic pillow will give support to your head and neck.

Always protect your new pillows with a zip-up pillow case. This will keep it free from dust and stains from hair products and drool.

Don't be afraid to wash your pillow in the gentle cycle of the washing machine either! **Duvet fills:** A good quality down duvet will always look great and give a full, puffy look to the top of the bed.

Down is also lightweight, so a large comforter won't be too heavy to sleep under.

Synthetic comforters are great (and less expensive) for children and kids away at school as they can be washed in good hot water and are indestructible.

Silk fibre fill offers the luxurious loftiness of down with the non-allergy worries of the feathers.

Top bedding looks for fall
Spa-like: Organic cotton or linen sheets, baby-soft

wool throws in pale, light colours are what soothes the mind and body after a hard day.

You relax just looking at the bed and once you jump in you may never want to get out.

Pale colours such as greys, blues, taupes and off-white keep the overall feeling light and airy.

Gypsy-traveller: This eclectic mix of fabrics and prints give a young-spirited look to the bedroom.

Tie-dyed throws, patchwork duvets and bright coloured sheet sets allow for a fun mix-and-match style for the bedroom.

Go bold with this look or don't do it at all.

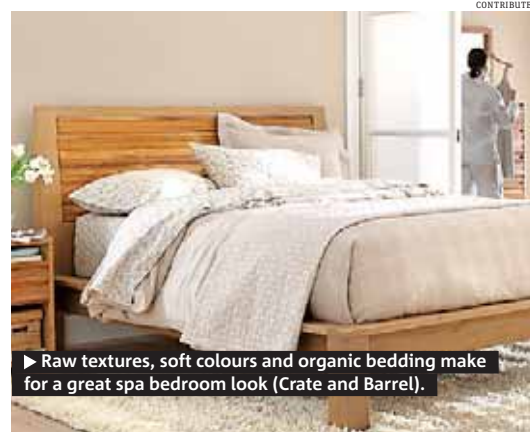
Orange, rust, reds, peacock green, navy are just a few strong colours to be used for a gypsies, tramps and thieves look in the bedroom.

Pop of colour: Take a perfectly good neutral like grey, cream or gold and

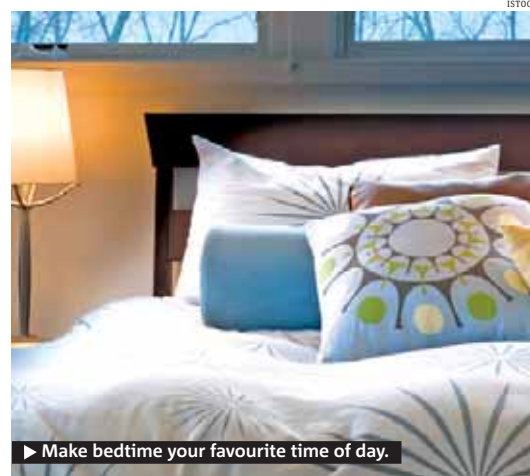
layer it all over the bed in various hues.

Then add a few dramatically coloured cushions or a throw in rust, purple or turquoise.

It's a safe way to dress the bed yet stay in fashion with the season's hottest colours.



► Raw textures, soft colours and organic bedding make for a great spa bedroom look (Crate and Barrel).



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- ☒ Go tanning at the beach
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- ☐ Go swimming at the pool
- ☐ Cool off on the METRO SLIP & SLIDE at LIVE AT SQUAMISH AUGUST 20th & 21st

SQUAMISH

Embed some style

- **Shams:** A few large pillows help to create a focal point to the bedroom, especially if you are without a headboard.
- **Bed runners:** These add colour and texture to a plainly dressed bed. Think of it as a table runner — about 7-10 feet long — a scrap of beautiful fabric or a piece of vintage drape works perfectly.
- **Headboards:** HomeSense and Home Depot have lightweight, upholstered headboards covered in the chicest of fabrics for very reasonable prices. Go for a durable covering like leather, vinyl or ultra suede in a nice neutral colour.

Carpets make a comeback

► Take that, hardwood: Carpets make rooms feel warmer and reduce noise, say designers ► Go for rich colours, bold patterns and luxurious textures

After years of being ripped out and kicked to the curb, carpet is making a comeback. And not just the neutral-toned carpets of recent years, but ones that are boldly coloured or patterned.

The softer, cosier feel of wall-to-wall carpet is appealing to homeowners used to treading on tile and wood, said Emily Morrow, director of colour, style and design for Shaw Floors, a company in Dalton, Ga., that specializes in carpet, laminate, tile and hardwood flooring.

"They've experienced those hard surfaces, and they want to surround themselves with the comfort of carpet," she said.

While hardwood or tile can be great for entryways

or other high-traffic areas, some rooms — bedrooms, play rooms, studies and family rooms — cry out for carpeting, said Eric Ross, an interior designer in Franklin, Tenn.

"Carpet is really trending up," he said. "You're going to see more and more of it."

Manufacturers have responded by creating carpets with rich colours, patterns and textures designed to be a focal point, rather than just a neutral backdrop.

The new choices are available at a variety of price points.

"It has gotten exciting again" after years of playing it safe, Morrow said.

Clients are using carpet to make a statement, agreed Linda Merrill, an interior designer in Duxbury,

Mass. "If carpet is the right choice for a specific space, they feel freer to pick something a little more exciting," she said. "There are a lot of different colours and different options."

Some of the over-the-top ideas from television shows also have freed people to experiment more with decorating, she said.

And the pervasiveness of patterns and bright colours in housewares and home furnishings in recent years has made people more open to colour.

"We see so much pattern in so many things," she says. "We're just bombarded with it."

Those who are hesitant to choose a patterned carpet often create an impact with a textured one, said

Get colour happy

More vibrant carpets often create a more customized feel, says interior designer Linda Merrill.

► With the slumping real estate market, homeowners are indulging their personal tastes and worrying less about how their choices will affect the resale value of their home, she said.

Jennifer Bardsley, an interior designer in Hingham, Mass.

Those carpets, created by using yarns of different lengths or densities, can spice up a space and add more interest to a room.

THE ASSOCIATED PRESS



► No more neutral tones: More and more people are putting brightly coloured carpet into their homes.

WHEN 'OFF-WHITE' ISN'T YOUR DESIRED LOOK

CHARLES THE BUTLER



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Hi Charles,
As a university student that once utilized an overly kind mother to keep all his whites white, now I find myself looking for advice.

What is the best way to clean a polyester-spandex blend baseball cap without damaging it? A man must keep up appearances.

Signed,
Rob

Dear Rob,

My first initial reaction is that you should call and ask your mom, first because I'm sure she would love to hear from you, but secondly she will tell you how she

cleaned it in the past.

Remember to always follow label directions.

Now if the hat is just normally dirty, my first try would be just regular good old laundry soap, if the hat needs to be "whitened" then, try Oxyclean, follow the di-

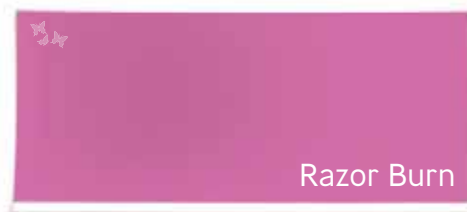
rections, and remember the secret with Oxyclean is to let it soak.

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Weekly
Cookbook

In her book *Live Raw: Raw Food Recipes For Good Health and Timeless Beauty* (Thomas Allen & Son, 2011), Mimi Kirk reveals how living raw — eating a vegetarian, and ideally raw diet — can make you look and feel amazing.

Kirk provides advice on detoxifying, what you need to eat every day and why as well as more than 120 raw food recipes such as Zucchini Noodles and Peanut Sauce, Caramelized Onion Bread, Chocolate Caramel Bars and more.

Wrap it up

► Looking to pack a lot of flavour into a dish? ► Combine savoury ingredients to make tapenade

When you need to jam a lot of flavour into a simple dish, reach for an umami bomb. That is, foods that are jammed with the fifth taste — savoury (to go along with bitter, sweet, salty and sour).

It's the reason tapenade — an olive, anchovy, garlic, caper, olive oil and thyme puree — is so great. It's salty, savoury and pungently delicious. Don't let the anchovies spook you. You'll never know they are there, but the flavour isn't the same without them.

Roasted Chicken Tapenade Wraps

Preparation:

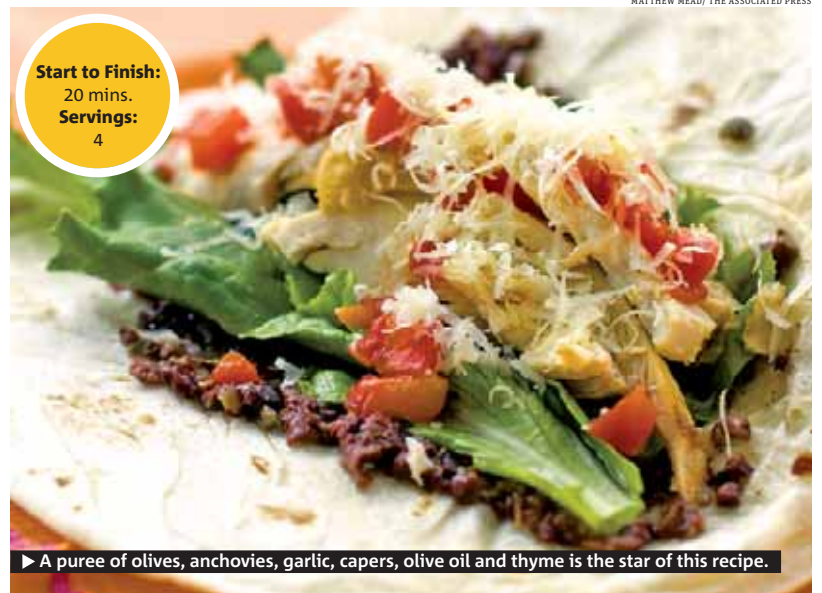
- 1 In a food processor, combine olives,

anchovies, garlic, capers, olive oil, lemon zest and juice, thyme and red pepper flakes. Pulse until very finely chopped. Season with salt and pepper, then pulse again.

- 2 Spoon 15 to 30 ml (1 to 2 tbsp) of the tapenade over each tortilla. Top with several leaves of lettuce, a quarter each of the rotisserie chicken, red peppers and Parmesan. Wrap the sides of the tortilla up around the fillings. The Roasted Chicken with Tapenade wraps can be eaten as is or heated in a 180 C (350 F) oven.

THE ASSOCIATED PRESS

Start to Finish:
20 mins.
Servings:
4



► A puree of olives, anchovies, garlic, capers, olive oil and thyme is the star of this recipe.

Ingredients:

- 375 ml (1 1/2 cups) pitted kalamata olives
- 2 anchovies
- 3 cloves garlic
- 10 ml (2 tsp) capers
- 45 ml (3 tbsp) olive oil
- Zest and juice of 1/2

- lemon
- 10 ml (2 tsp) chopped fresh thyme
- Pinch red pepper flakes
- Salt and ground black pepper, to taste
- 4 large flour tortillas
- Bibb or Boston lettuce

- leaves
- Meat from a 750-g (1 1/2-lb) rotisserie chicken
- 1 jar (340 ml/12 oz) roasted red peppers, drained, patted dry and chopped
- 125 ml (1/2 cup) grated Parmesan cheese

An unlikely combo collides in this salad

► Oranges, onions and coriander co-exist in this spice-heavy salad

MATTHEW MEAD/ THE ASSOCIATED PRESS



► This recipe makes eight sides.

For the women behind public radio's show for people who love to eat, the perfect salad is one you simply must eat.

"A great salad? It's the salad you can't stop eating. Extraordinary salads turn textures and shots of flavour into new pleasures. And salads take on all sorts of roles," said Lynne Rossetto Kasper and Sally Swift, whose Splendid

Table show is heard on public radio stations around the United States.

The pair offers a salad from its upcoming cookbook, *How to Eat Weekends*. "This North African salad was dreamed up as a lesson in getting the most from your spice rack," they said.

"Here, you ignite the flavours of freshly ground coriander, orange zest and

olive oil by seconds in a microwave."

Preparation:

- 1 Fill bowl halfway with ice cubes, add onion. Top with more ice cubes. Add cold water to cover and refrigerate for few hours or overnight. Drain onions and pat dry with a towel.

- 2 In a microwave-safe bowl, combine oil, coriander and orange zest. Microwave on high for 1 minute. Alternatively, combine ingredients in a small saucepan and warm over medium heat for 2 minutes. Set aside to cool.

- 3 To serve, arrange orange slices and onion slices on a platter. Scatter with olives and oil. Finish

with salt, pepper and sugar, to taste.

THE ASSOCIATED PRESS/ HOW TO EAT WEEKENDS BY LYNNE ROSSETTO KASPER AND SALLY SWIFT

Ingredients:

- Ice
- 1 small red onion, halved and thinly sliced
- 125 ml (1/2 cup) olive oil
- 30 ml (2 tbsp) coriander seed (generous), freshly ground
- 10 ml (2 tsp) finely grated orange zest
- 10 to 12 navel oranges (1.8 to 2.2 kg/4 to 5 lb), peeled and sliced into 5-mm (1/4-inch) thick rounds
- 125 ml (1/2 cup) black olives
- Coarse salt
- Ground black pepper
- 20 to 30 ml (4 to 6 tsp) sugar

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It's time for a snack

► Satisfy your savoury and sweet teeth with these two unique treats

Preparation:

- 1 Preheat oven to 200 C (400 F). Thaw pie shells at room temperature for 15 minutes.
- 2 Invert each pie shell from foil onto clean, flat, lightly floured surface. Using fingers lightly moistened with water, pinch and press any cracked edge.
- 3 Spread 15 ml (1 tbsp) mustard on one pie shell, leaving a 1-cm (1/2-inch) border

Ingredients:

- 2 frozen pie shells
- 30 ml (2 tbsp) your favourite mustard, divided
- 2 jumbo wieners
- 250 ml (1 cup) shredded cheese, divided



► This recipe makes six servings.

around edge. Place 1 wiener on pastry edge closest to you. Sprinkle 50 ml (1/4 cup) cheese over mustard. Carefully roll up and cut roll crosswise into 2-cm (3/4-inch) slices.

- 4 Gently pinch pasty end of each spiral to prevent unravelling during baking. Place on parchment paper-lined baking sheet. Repeat with 2nd shell.

- 5 Sprinkle spirals with remaining cheese and

bake in preheated oven for 12 to 15 minutes or until cheese is melted and pastry is golden brown. Serve with your favourite dipping sauces.

THE CANADIAN PRESS/ TENDERFLAKE

Butter Tart Sundae



Preparation:

- 1 In bowl, combine 30 ml (2 tbsp) caramel syrup and raisins. Set aside. Drop 15 ml (1 tbsp) of the cookie crumbs in bottom of waffle bowl. Top with ice cream and remaining cookie

crumbs. Drizzle with caramel raisin mixture, toasted pecans and whipped cream (if using), and garnish with additional sundae syrup. Serve. THE CANADIAN PRESS/ SMUCKER

FOODS OF CANADA

Ingredients:

- 30 ml (2 tbsp) caramel-flavoured syrup, plus extra for garnish
- 15 ml (1 tbsp) raisins
- 1 12-g waffle bowl
- 30 ml (2 tbsp) shortbread cookie crumbs, divided
- 1 scoop (125 ml/1/2 cup) butterscotch ripple ice cream
- 15 ml (1 tbsp) toasted pecans (optional)
- Whipped cream (optional)
- Additional syrup for garnish

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A glimpse of the future?

► NHL tests possible rule changes using prospects for 2012 draft

There are 27 potential changes being looked at during the NHL's research and development camp and it's possible that not a single one will ever make its way into the league.

The same can't be said of the players who are serving as guinea pigs this week.

One of the most important aspects of the two-day event is the fact top prospects for the 2012 draft are the ones competing in scrimmages with the different rules. Even NHL executive Brendan Shanahan, who is in charge of the camp, harbours no illusions about why roughly half of the league's 30 general managers interrupted their summer vacation to attend.

"The truth is that we coax a lot of them here with the 36 best 17-year-olds in North America," Shanahan said yesterday. "It's sort of once we get them under the roof, as they're scouting these kids, they get trapped into a conversation about hockey and the future of the game."

The NHL makes no secret about the fact that virtually none of the tweaks or changes being looked at will be officially adopted. Even if a rule garners interest here, it would likely be at least a year before it could be added to the rulebook because it would require approval from the general managers, compe-

The ideas

Some of the concepts being tested include:

- **Overtime:** Seven minutes of overtime instead of five with both 3-on-3 and 4-on-4 scenarios tested. Three minutes of 3-on-3 play to follow four minutes of scoreless 4-on-4 action.
- **Shootouts:** Five players from each team will shoot and if the score remains tied, the same players can take another crack in a sudden-death format.
- **Bear hug:** Players will be permitted to wrap their opponent up when taking him into the boards without being called for a holding penalty.

TORSTAR NEWS SERVICE

tion committee and board of governors.

If anything, the research and development camp is more about identifying trends and gathering data that could be useful well down the road.

"This gives us an opportunity to try new things, look at things, even if we never implement them," said NHL commissioner Gary Bettman. "It really gives us a chance to take a deep breath — not during the season, when everybody's worrying about the game they have to play — and make sure that we are comfortable with where we are."

THE CANADIAN PRESS



► Prospects help test new faceoff rules yesterday in Toronto. Rules include: The same linesman drops the puck for all faceoffs and all faceoffs take place only in a faceoff circle.

4

sports

Quoted



"He can't just show up the week before in Australia."

U.S. CAPTAIN FRED COUPLES, WHO WANTS TIGER WOODS ON THE PRESIDENTS CUP TEAM, PROVIDED WOODS PLAYS TOURNAMENTS BEFORE HE SHOWS UP AT THE AUSTRALIAN OPEN A WEEK BEFORE THE MATCHES.

NHL willing to look closer at support program

NHL commissioner Gary Bettman expects the league to review its substance abuse and behavioural health program following the death of two players over the summer.

Winnipeg Jets forward Rick Rypien and New York Rangers tough guy Derek Boogaard both spent time in the program, which is run in conjunction with the NHL Players' Association.

"My guess is we'll talk at the appropriate time with

the players' association, making sure that we're comfortable with all of the mechanisms and programs we have in place, which are extensive," Bettman told The Canadian Press at the league's research and development camp in Toronto yesterday.

"I don't think any sports league does more than we do but maybe there's more, as we focus on it, that we need to focus on. I know it's always hard for people to

"I think there certainly has to be some work done in addressing issues. ... If anything can be done to help future players, we certainly need to do it."

NHLPA UNION EXECUTIVE
MATHIEU SCHNEIDER

accept, but sports is a microcosm of society in general. And life isn't always easy."

Rypien died Monday at his off-season home in Crowsnest Pass, Alta., where an RCMP official said

a call was answered for a "sudden and non-suspicious" death. He was 27.

Boogaard died at age 28 in May due to an accidental mix of alcohol and the painkiller oxycodone.

In an effort to protect the

privacy of those involved in the program, both the league and union are reluctant to divulge specific details about how it functions.

Rypien twice took a leave of absence during his six seasons with the Canucks organization to deal with personal issues. Shortly after Boogaard's death, the New York Post reported he had been receiving counselling through the NHL-NHLPA program.

THE CANADIAN PRESS



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AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
New York	74	47	.612	—
Boston	74	48	.607	½
Tampa Bay	66	56	.541	8½
Toronto	63	60	.512	12
Baltimore	47	74	.388	27
CENTRAL DIVISION				
	W	L	Pct	GB
Detroit	65	58	.528	—
Cleveland	61	58	.513	2
Chicago	61	61	.500	3½
Minnesota	54	68	.443	10½
Kansas City	51	73	.411	14½

WEST DIVISION				
	W	L	Pct	GB
Texas	72	52	.581	—
Los Angeles	65	59	.524	7
Oakland	55	68	.447	16½
Seattle	53	69	.434	18

Yesterday's results
 Toronto 5 Seattle 1
 Cleveland 4 Chicago White Sox 1
 Kansas City 5 N.Y. Yankees 4
 Oakland 6 Baltimore 5
 Tampa Bay 4 Boston 0
 Minnesota 6 Detroit 5
 Texas 4 L.A. Angels 3
Tuesday's results
 Toronto 13 Seattle 7
 Boston 3-2 Tampa Bay 1-6
 Chicago White Sox 8 Cleveland 7 (14 innings)
 Detroit 7 Minnesota 1
 N.Y. Yankees 9 Kansas City 7
 Oakland 8 Baltimore 4
 Texas 7 L.A. Angels 3
Tonight's games
All Times Eastern
 Boston (Beckett 9-5) at Kansas City (Hochavar 8-9), 8:10 p.m.
 Cleveland (Masterson 9-7) at Chicago White Sox (Humber 8-8), 8:10 p.m.
 N.Y. Yankees (Sabathia 16-7) at Minnesota (Duensing 8-11), 8:10 p.m.
 Toronto (R.Romero 11-9) at Oakland (Cahill 9-11), 10:05 p.m.
 Texas (C.Lewis 11-8) at L.A. Angels (Weaver 14-6), 10:05 p.m.

CFL

WEEK EIGHT

EAST DIVISION								
	GP	W	L	T	PF	PA	Pt	
Winnipeg	7	6	1	0	182	132	12	
Montreal	7	5	2	0	222	156	10	
Hamilton	7	4	3	0	189	176	8	
Toronto	7	1	6	0	160	215	2	

WEST DIVISION								
	GP	W	L	T	PF	PA	Pt	
Calgary	7	5	2	0	194	172	10	
Edmonton	7	5	2	0	173	154	10	
B.C.	7	1	6	0	167	202	2	
Saskatchewan	7	1	6	0	147	229	2	

Byes: Calgary, Hamilton, Montreal, Winnipeg
Tonight's game
All Times Eastern
 Saskatchewan at Toronto, 7:30 p.m.
Tomorrow's game
 B.C. at Edmonton, 9 p.m.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Philadelphia	79	42	.653	—
Atlanta	72	52	.581	8½
New York	60	63	.488	20
Washington	58	63	.479	21
Florida	57	66	.463	23
CENTRAL DIVISION				
	W	L	Pct	GB
Milwaukee	73	51	.589	—
St. Louis	66	58	.532	7
Cincinnati	60	63	.488	12½
Pittsburgh	58	64	.475	14
Chicago	54	70	.435	19
Houston	40	84	.323	33

WEST DIVISION				
	W	L	Pct	GB
Arizona	69	54	.561	—
San Francisco	67	57	.540	2½
Colorado	58	67	.464	12
Los Angeles	55	67	.451	13½
San Diego	55	70	.440	15

Yesterday's results
 Cincinnati 2 Washington 1
 Colorado 12 Florida 5
 Houston 4 Chicago Cubs 3
 Milwaukee 3 L.A. Dodgers 1
 N.Y. Mets 7 San Diego 3
 Philadelphia 9 Arizona 2
 San Francisco 7 Atlanta 5
 St. Louis 7 Pittsburgh 2
Tuesday's results
 Arizona 3 Philadelphia 2
 Atlanta 2 San Francisco 1 (11 innings)
 Florida 6 Colorado 5
 Houston 6 Chicago Cubs 5
 Milwaukee 2 L.A. Dodgers 1
 Pittsburgh 5 St. Louis 4 (11 innings)
 San Diego 6 N.Y. Mets 1
 Washington 6 Cincinnati 4
Today's games
All Times Eastern
 L.A. Dodgers (Kershaw 14-5) at Milwaukee (Estrada 3-7), 2:10 p.m.
 Arizona (Kennedy 15-3) at Philadelphia (Worley 8-1), 7:05 p.m.
 Cincinnati (Arroyo 7-9) at Washington (Zimmermann 7-10), 7:05 p.m.
 San Francisco (Lincecum 11-9) at Atlanta (Minor 2-2), 7:10 p.m.
 Florida (Vazquez 7-10) at San Diego (Stauffer 7-9), 10:05 p.m.

NFL

PRE-SEASON

Tonight's games — All Times Eastern
 New England at Tampa Bay, 7:30 p.m.
 Philadelphia at Pittsburgh, 8 p.m.
Tomorrow's games
 Washington at Indianapolis, 7 p.m.
 Carolina at Miami, 7:30 p.m.
 Detroit at Cleveland, 7:30 p.m.
 Kansas City at Baltimore, 7:30 p.m.
 Arizona at Green Bay, 8 p.m.
 Atlanta at Jacksonville, 8 p.m.
Saturday's games
 Oakland at San Francisco, 8 p.m.
 Tennessee at St. Louis, 8 p.m.
 New Orleans at Houston, 8 p.m.
 Buffalo at Denver, 8:30 p.m.
 Minnesota at Seattle, 10 p.m.
Sunday's games
 Cincinnati at N.Y. Jets, 7 p.m.
 San Diego at Dallas, 8 p.m.
Monday's game
 Chicago at N.Y. Giants, 8 p.m.

BLUE JAYS 5, MARINERS 1

Toronto	ab	r	h	bi	Seattle	ab	r	h	bi
YEScor ss	4	0	1	0	ISuzuki dh	4	1	1	0
ETHms lf	3	0	0	0	FGtrrz cf	4	0	1	1
Bautist rf	3	1	1	0	Ackley 2b	3	0	0	0
Lind 1b	4	1	1	3	Carp 1b-rf	4	0	1	0
Encrnc dh	3	1	1	1	C.Wells rf	2	0	0	0
Rasms cf	4	1	1	1	AKndy pr-1b	1	0	0	0
Lawrie 3b	3	0	0	0	Roinns lf	4	0	0	0
A.Hill 2b	4	0	0	0	Seager 3b	3	0	0	0
J.Molin c	4	1	1	0	J.Bard c	3	0	0	0
JalWlss ss	2	0	0	0					
Totals	32	5	6	5	Totals	30	1	3	1

Toronto 013 100 000 —5
Seattle 000 001 000 —1
 E—Y.Escobar (11), Lawrie (3), Seager (3).
 DP—Toronto 1, Seattle 1. LOB—Toronto 4, Seattle 6. 2B—F.Gutierrez (10). HR—Lind (22), Encarnacion (12), Rasms (2). SB—A.Hill (16). CS—Encarnacion (1).

Toronto	IP	H	R	ER	BB	SO
Morrow W,9-7	6	3	1	1	2	12
Litsch	1	0	0	0	1	0
Janssen	1	0	0	0	0	1
F.Francisco	1	0	0	0	0	0

Seattle
 Beavan L,3-4
 Cortes
 Ruffin
 J.Wright
 HBP—by Morrow (C.Wells), by Beavan (Encarnacion). WP—Morrow, Beavan.
 T—24.5. A—26,579 (47,878) at Seattle.

Arizona	ab	r	h	bi	Philadelphia	ab	r	h	bi
BImst ss	4	0	0	0	Rollins ss	3	1	2	2
RRorts 2b	3	0	1	0	Victorn cf	4	0	2	1
J.Upton rf	4	0	0	0	Utlley 1b	5	0	0	0
C.Young cf	3	1	0	0	Howard 1b	4	1	1	0
Gldsch 1b	2	1	1	2	Pence rf	2	3	2	0
Ransm 3b	3	0	0	0	Mayrly lf	4	2	3	1
Cowgill lf	3	0	0	0	WValdz 3b	4	2	1	2
HBlanc c	3	0	0	0	Chndr c	3	0	1	1
JSndrs p	2	0	1	0	CLee p	2	0	0	0
Paterson p	0	0	0	0	BFncs ph	0	0	0	1
Bgrghs ph	1	0	0	0	Bastdr p	0	0	0	0
Ziegler p	0	0	0	0	Ibanez ph	1	0	0	0
Duke p	0	0	0	0	Madson p	0	0	0	0
Totals	28	2	3	2	Totals	32	9	12	8

Arizona 020 000 000 —2
Philadelphia 110 000 34x —9
 E—Ransom (3), R.Roberts (11), Ziegler (1), DP—Arizona 1, Philadelphia 2. LOB—Arizona 2, Philadelphia 6. 2B—Victorino (21), Pence (30), W.Valdez (9). HR—Goldschmidt (3), Rollins (14). SB—Rollins (28), Victorino (16). CS—Rollins (7). S—Schneider. SF—Rollins, B.Francisco.

Arizona	IP	H	R	ER	BB	SO
J.Saunders L,8-10	6	5	5	5	4	3
Paterson	1	2	0	0	0	0
Ziegler	0	3	4	1	0	0
Duke	1	2	0	0	0	0

Philadelphia
 CLee W,13-7
 Bastardo H,12
 Madson
 T—24.7. A—45,894 (43,651) at Philadelphia.

LACROSSE
MINTO CUP
CANADIAN JUNIOR CHAMPIONSHIP
At Okotoks, Alta.
Saturday's games — All Times Eastern
 Coquitlam vs. Edmonton, 6:45 p.m.
 Whitby vs. Okotoks, 10 p.m.
Sunday's games
 Coquitlam vs. Whitby, 7 p.m.
 Edmonton vs. Okotoks, 10 p.m.

SOCCER

MLS

EASTERN CONFERENCE										
	GP	W	L	T	GF	GA	Pt			
Columbus	24	10	7	7	27	23	37			
Philadelphia	23	8	5	10	29	22	34			
Kansas City	24	8	7	9	35	31	33			
Houston	25	7	7	11	31	30	32			
New York	25	6	6	13	39	35	31			
D.C. United	22	7	6	9	33	33	30			
Toronto	26	4	11	11	25	46	23			
New England	25	4	12	9	24	37	22			
Chicago	23	2	7	14	25	32	20			

WESTERN CONFERENCE										
	GP	W	L	T	GF	GA	Pt			
Los Angeles	25	13	3	9	35	20	48			
Dallas	25	12	6	7	33	26	43			
Seattle	25	11	5	9	35	27	42			
Colorado	26	10	6	10	37	32	40			
Real Salt Lake	22	10	6	6	30	17	36			
Chivas USA	24	7	8	9	30	26	30			
Portland	24	7	12	5	30	40	26			
San Jose	24	5	9	10	26	32	25			
Vancouver	24	3	12	9	25	40	18			

Last night's results
 Houston 1 New England 1
 Kansas City 3 Portland 1
Tonight's game
All Times Eastern
 D.C. United at Chicago, 9 p.m.
Saturday's games
 Philadelphia at Columbus, 7:30 p.m.
 New York at New England, 7:30 p.m.
 Real Salt Lake at Houston, 8:30 p.m.
 Chivas USA at Colorado, 9 p.m.
 Seattle at Dallas, 9 p.m.
 Vancouver at Portland, 10 p.m.
 San Jose at Los Angeles, 10:30 p.m.
Sunday's games
 Toronto at Chicago, 7 p.m.
 D.C. United at Kansas City, 8:30 p.m.

NASL

	GP	W	L	T	GF	GA	Pt
x-Carolina	21	14	4	3	41	19	45
Puerto Rico	21	11	5	5	32	25	38
Tampa Bay	21	8	6	7	33	29	31
Minnesota	21	7	6	8	23	21	29
Fort Lauderdale	21	6	5	10	30	28	28
Edmonton	21	7	9	5	23	30	26
Montreal	21	4	10	7	23	25	19
Atlanta	21	3	15	3	19	47	12

x — clinched playoff berth.
Last night's result
 Minnesota 1 Carolina 1
Saturday's games
All Times Eastern
 Minnesota at Montreal, 2:30 p.m.
 Fort Lauderdale at Carolina, 7 p.m.
 Puerto Rico Islanders at Tampa Bay, 7 p.m.
Sunday's game
 Atlanta at Edmonton, 9:30 p.m.

UNDER-20 WORLD CUP

Last night's results
Semifinals
At Medellin, Colombia
 Portugal 2 France 0
At Pereira, Colombia
 Brazil 2 Mexico 0
Saturday's games
At Bogota, Colombia
All Times Eastern
Third Place
 France vs. Mexico, 6 p.m.
Championship
 Portugal vs. Brazil, 9 p.m.

UEFA CHAMPIONS LEAGUE

PLAYOFFS

FIRST LEG

(home teams listed first)

Yesterday's results
 Bayern Munich (Germany) 2 Zurich (Switzerland) 0
 Dinamo Zagreb (Croatia) 4 Malmö (Sweden) 1
 Maccabi Haifa (Israel) 2 Genk (Belgium) 1
 Odense (Denmark) 1 Villarreal (Spain) 0
 Wisla Krakow (Poland) 1 APOEL (Cyprus) 0
Tuesday's results
 Arsenal (England) 1 Udinese (Italy) 0
 BATE Borisov (Belarus) 1 Sturm Graz (Austria) 1
 Copenhagen (Denmark) 1 Viktoria Plzen (Czech Republic) 3
 Lyon (France) 3 Rubin Kazan (Russia) 1
 Twente (Netherlands) 2 Benfica (Portugal) 2

CONCACAF CHAMPIONS LEAGUE

SECOND ROUND

GROUP STAGE
Last night's results
 Colorado Rapids (U.S.) 3 Isidro Metapan (El Salvador) 2
 FC Dallas (U.S.) 1 Pumas UNAM (Mexico) 0
 Monterrey (Mexico) 5 Herediano (Costa Rica) 0
Tuesday's results
 Alajuelense (Costa Rica) 1 Morelia (Mexico) 0
 L.A. Galaxy (U.S.) 2 Motagua (Honduras) 0
 Santos Laguna (Mexico) 3 Real Espana (Honduras) 2
 Seattle Sounders (U.S.) 4 Comunicaciones (Guatemala) 1
Tonight's game
All Times Eastern
 Tauro (Panama) vs. Toronto FC, 8 p.m.

TRANSACTIONS

MLB

AMERICAN LEAGUE

SEATTLE—Acquired RHP Chance Ruffin from Detroit to complete an earlier trade. Designated LHP Aaron Laffey for assignment. Signed RHP Victor Sanchez and OF Jose Leal.

NATIONAL LEAGUE

CHICAGO CUBS—Recalled RHP Casey Coleman from Iowa (PCL). Optioned LHP Scott Maine to Iowa.
COLORADO—Acquired LHP Drew Pomeranz from Cleveland to complete an earlier trade and assigned him to Tulsa (Texas).
PHILADELPHIA—Placed 3B Placido Polanco on the 15-day DL, retroactive to Aug. 7. Selected the contract of RHP Michael Schwimer from Lehigh Valley (IL).

CFL

WINNIPEG—Signed FB Michel-Pierre Pontbriand to the practice roster.

NFL

LEAGUE OFFICE—Fined Detroit DE Ndamukong Suh \$20,000 for a hit on Cincinnati QB Andy Dalton in an Aug 12 game.

TENNIS

ATP-WTA WESTERN & SOUTHERN OPEN

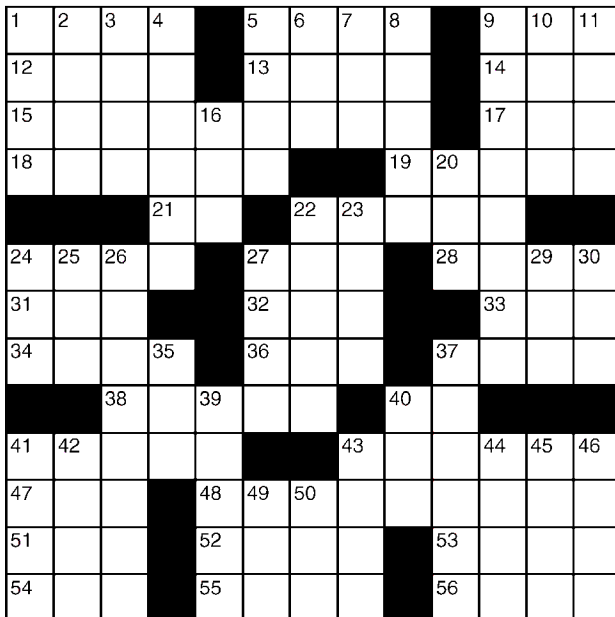
Crossword

Across

- 1 Lose it
5 Bit of derring-do
9 Wager
12 Top-notch
13 Jason's ship
14 "Go, team!"
15 Fictional girl detective
17 Work with
18 Plumed military hats
19 Host
21 Type measure
22 Donny's sister
24 Brazen
27 Highland hat
28 Skirt feature, maybe
31 Shock and —
32 Catcher's place?
33 A billion years
34 Accomplishment
36 Dawn goddess
37 Penny
38 Marine from Mayberry
40 "Little Women" woman
41 Less improved
43 Mountain range
47 A Gershwin
48 Super Bowl XLIV MVP
51 Chaps
52 Tittle
53 Money
54 Cauldron
55 Vacationing
56 Art Deco pioneer

Down

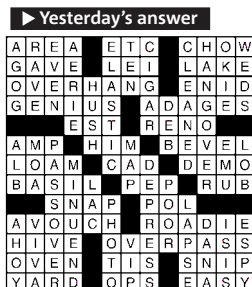
- 1 Without
2 Ark captain



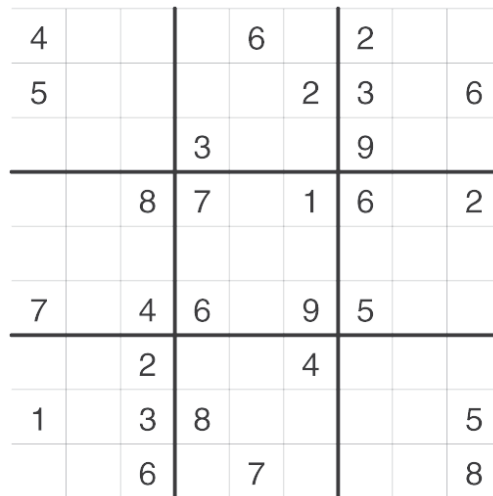
- 3 Faris or Paquin
4 Ate like a bird
5 Crazes
6 Blunder
7 Time of your life?
8 Pisa landmark
9 Martial-arts film star
10 Facility
11 Quaker's pronoun
16 Thither
20 Wrong (Pref.)
22 City head
23 Iowa city
24 Awful
25 Have debts

- 26 "Shampoo" Oscar winner
27 Genealogy chart
29 Charged bit
30 Stick with a kick
35 Two, in Tijuana
37 Strong-arm
39 TV, radio, etc.
40 Triangular sail
41 Weaking
42 Black-and-white cookie
43 Convince
44 Back
45 Leftovers
46 Arthur of tennis

Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

1	7	8	3	6	9	5	4	2
3	2	5	8	4	7	9	6	1
9	4	6	2	1	5	3	8	7
7	5	4	1	9	3	8	2	6
6	8	3	5	2	4	1	7	9
2	1	9	7	8	6	4	3	5
8	3	1	9	7	2	6	5	4
4	9	2	6	5	8	7	1	3
5	6	7	4	3	1	2	9	8

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Lusquiggles, you are the most amazing person on earth. I love your smiles and your hugs and kisses, even though we haven't seen each other for two months and we were 5339.385 kilometres apart. Sending kisses 30,000 feet in the air for a safe flight home to me. xox **NOVIA**

Boo Behr, Since the first night, when I kissed u surprisingly under the big red ball, I knew u were, "who" our creator sent 2 me, I'll love you always and forever my big behr xoxo luv ur wife 4 life **THE KAT**

Dear Rez, Happy 3rd wedding anniversary. We are yet to go on our honeymoon. But know: everyday with you is like a honeymoon. You make me complete. u're everything a girl wants in a man and more. Love you with all my heart. **YOUR OTHER HALF**

Today

21°/12°

Sunny

Friday

21°/14°

Sunny

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TWN incorporates MSC data

Today's horoscope

♈ Aries March 21-April 20 By all means, disagree with someone whose authority you don't respect.
♉ Taurus April 21-May 21 You may be willing to change your plans to fit in with someone else's schedule but don't think you must.
♊ Gemini May 22-June 21 You may be annoyed that a pal didn't consult you before changing his or her plans, but don't let it show.
♋ Cancer June 22-July 22 You have a long road ahead of you, so don't take on any more responsibilities. Stop wasting your energy.

♌ Leo July 23-Aug. 23 Even routine matters are likely to change today, so don't plan too far ahead.
♍ Virgo Aug. 24-Sept. 22 You're about to discover that your sympathy for someone you thought was in trouble was entirely misplaced.
♎ Libra Sept. 23-Oct. 23 You have a tendency to fear the worst. The planets indicate that nothing hurtful is going to happen.
♏ Scorpio Oct. 24-Nov. 22 Someone you meet today will inspire you and you will go out of your way to copy their success.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21 What someone tells you today might sound like good advice but read between the lines.
♑ Capricorn Dec. 22-Jan. 20 Disruptions are likely and you'll get angry with people who change their plans at the last moment.
♒ Aquarius Jan. 21-Feb. 18 Do you push ahead with something that is right for you but wrong for others? Listen to your conscience.
♓ Pisces Feb. 19-March 20 Help those in trouble but resist the urge to lecture. **SALLY BROMPTON**

Caption contest



"Planet of the Apes? Not a bad idea."
BRIAN



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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Limited model shown

THE 2012 MODELS HAVE ARRIVED.



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2012 TUCSON ALL-NEW STYLISH CROSSOVER UTILITY VEHICLE



OWN IT
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5-year/100,000 km Emission Warranty

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D#28516

Jim Pattison Hyundai Port Coquitlam
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North Surrey, 604-582-8118
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Murray Hyundai White Rock
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D#30780

Maple Ridge Hyundai
23213 Lougheed Highway
Maple Ridge, 604-467-3401
D#7356

Abbotsford Hyundai
30250 Automall Dr.
Abbotsford, 604-857-2622
D#9390

Mertin Hyundai
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Chilliwack, 604-702-1000
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Destination Hyundai
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Vancouver, 604-292-8188
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